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Damp, Mould and Condensation **GUIDE**



Condensation is the most common cause of damp and mould in homes. It happens when warm, moist air meets a cold surface ie: windows or walls, causing water droplets to form. If not managed, this can lead to mould growth.

Here's how to prevent condensation and keep your home healthy:

Ventilate your home daily

- Open windows for at least 10–15 minutes each day, especially in the morning.
- Use extractor fans in kitchens and bathrooms when cooking or showering.
- Leave internal doors open when safe to help air circulate (unless you're cooking or showering).
- Don't block air vents or trickle vents on windows.

Control moisture at the source

- Cover pots and pans when cooking.
- Wipe condensation from windows and sills daily.
- Dry clothes outdoors if possible. If drying indoors:
 - Use a clothes airer, not radiators.
 - Keep windows slightly open or use a dehumidifier.
- Keep bathroom and kitchen doors closed while in use to stop steam spreading.



Keep your home warm

- Maintaining a consistent, low-level heat (even when you're out) helps reduce condensation.
- Sudden temperature changes increase the chance of moisture build-up.

Deal with mould promptly

- Clean small patches of mould using a mould spray or diluted bleach solution (wear gloves and ventilate the area).
- Report any large or recurring mould to us immediately.

Report any persistent damp:

If you notice:

- A musty smell
- Peeling wallpaper
- Damp patches that don't dry

Damp and mould can seriously affect your health if left untreated. Mould releases tiny spores into the air that can trigger coughing, sneezing, and breathing problems, especially for children, older adults, and anyone with asthma or allergies. The longer it's left, the worse it can get.

Reporting damp or mould to your letting agent straight away helps protect your health, ensures the issue is treated properly, and keeps your home safe and comfortable.



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Get in touch with our team today to explore
how Mack Property can support your
property needs.



lettings@mackgroup.com



01242 250846



www.mackgroup.com



13 Bath Road, Cheltenham, GL53 7HG